

DIALOGUE

Summer | 2021

MISSION:

It is the mission of AAHA to increase public understanding and acceptance of Handwriting Analysis.

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Inside this Issue:

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- Summer Workshops..... 1, 18
- AAHA Contacts.....2
- President’s Message..... 3
- Help Wanted 4
- Left-slant Printers.....5
- Look for the Invoice..... 5
- Remembering Dave Grayson.....6 - 11
- Welcome New Members.....11
- Beginner’s Corner.....12
- Bridging Spirituality with Symbolism.....13 - 16
- Understanding Graphotherapy16 - 17
- AAHA Book Exchange.....18

Summer Workshops

This year, we are hosting a Summer Workshop on Friday, July 23rd to bring you “The Next Level of Learning: The Whys of Personality Characteristics.” We have lined up for you two amazing graphologists as presenters for this online event, Dr. Marc Seifer and Marcel Elfers.

Cost of the workshop for members is \$50.00, and \$75.00 for non-members. For details and registration information, check out our website at <https://aahahandwriting.org/registration>

11:30AM – 12:00PM - Welcome chat, Introduction
 12:00PM - 1:30PM - Dr. Marc Seifer: “The Psychogram, a Brilliant Typology”
 1:30PM - 2:00PM - Break, chat
 2:00PM - 3:30PM - Marcel Elfers: “Distortions in Handwriting”



This workshop consisting of two 90-minute sessions, focuses on moving to the next level of learning graphology by gaining the ability to describe completely a person’s personality and fairly accurately predict behavior in a given



context. This is accomplished by having a deep understanding of all the

Continued on page 18



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Mission Statement:

It is the mission of AAHA to increase public understanding and acceptance of Handwriting Analysis.

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The AAHA *Dialogue* is the official newsletter of the American Association of Handwriting Analysts, and is published 4 times a year on a non-subscription basis.

The Association is a non-profit, non-sectarian, and non-partisan organization.

Publication submissions are encouraged and should be directed to the editor in the above protocol. Articles submitted are subject to unrestricted AAHA editing and/or commentaries. Nothing can be reprinted in whole or in part without the written consent of the author(s)/ and the Editor.

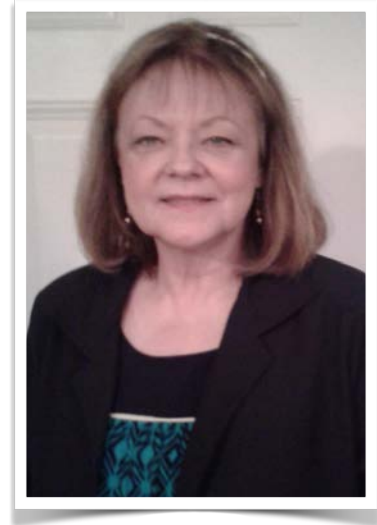
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The President's Corner

A Message from our president, Cindy Cheaves



Greetings,

By now you should have received the "Save The Date" email about our upcoming Summer Workshop to be held Friday, July 23rd.

The purpose of the workshop is twofold. First it provides a worthwhile learning experience for both beginners and long-time analysts. We have two excellent speakers and we look forward to their presentations. Secondly, the fees from the workshop will help pay extra expenses this year for the library storage.

AAHA library has been in storage since the passing our last librarian, Karen Whittemore. To date, no one has volunteered to fill the position. Librarian duties include housing the books and materials and handling the shipping of any books sold. Anyone interested in further discussing the librarian position, please call or email me.

As in any organization, helping hands are needed to maintain and grow. We have a great bunch of officers and committee chairs. We have some empty chairs. Come join us!

- Cindy Cheaves, AAHA President

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Help Wanted!

As the website Editor and the Newsletter Editor, I am ALWAYS looking for help! Please volunteer to help us out.

First Job posting: **Website Assistant**

The website is an important digital face for our organization. It houses our videos, our newsletters and soon, additional monographs and books with online access.

I should not be the only one that can access the website to make changes and upgrades to it. I would love, love, love to teach someone to be my back up and help out! It's not hard, but it is very important. We can Zoom and discuss and demonstrate how this all works. Contact me directly for details.

Second Job Posting: **Content Keyword**

I have recently updated our Dialogue Page on our website to add in some additional back issues of the "Dialogue Newsletters." Unfortunately, I am finding that I don't have all the time I need to "Keyword" the contents of each of the 32 issues now available between 2004 and 2014.

All someone needs to do is open the Newsletters, read or scan the articles and jot down some searchable words to indicate the contents of each edition. For

example, as in this image, under Contents/Keywords: (See the image below)

If you are interested in helping some or all of the 32 newsletters, just let me know! I'll be so glad to hear from you.

Third job posting:

Newsletter Article Writer

Whether you want to write one article or a regular column, I would be delighted to discuss this with you.

All articles must be original (although you may quote others). And all images must be original from your own samples (nothing downloaded from the internet... to prevent copyright infringement issues.)

You can take a minute aspect of handwriting analysis and make it into a wonderful learning lesson. Talk about your experiences. Share some stories about your presentations. The topics are endless. If you need ideas, I have lots of them. I just need help filling the 16 pages of our newsletter...and I know you can help! Thanks.

For more info, or to volunteer, please contact valweil@comcast.net, 412-508-9936.

2015

Downloadable

Read Online

Contents / Keywords



2015_spring_dialogue.pdf
Download File

2015 SPRING, VOL 48 NO.2

Gestalt Graphology of Hans Knoboch, Father Becker, Suicide Letter of George Anthony (Casey Anthony's Father), Morettian Graphology, 2015 Conference.

Dues Due After Sept. 1st Left-Slanted Printers

REMEMBER: DO NOT SUBMIT DUES YET. Please wait for the Invoice to be sent to you. This is just a reminder that dues are upcoming.

Because our organization's calendar year rolls twelve months from September through August of the following year, all membership dues are due for the year 2021-2022. Payments are accepted *after* **September 1st**.

Membership remains at \$60.00. Please renew on September 1st. You can do this conveniently from our website at:

<https://www.aahahandwriting.org/join-us.html>

Checks are still accepted. Please snail-mail them directly to our Treasurer. Made out to "AAHA" and mailed

% Jane O'Brien,
4143 Lorna Court SE,
Lacey, WA 98503.

Thank You!

We used to be able to say things about the writers based on their degree of separation from "copybook." How a writer chose his spacing, forms and movement as opposed to what they were taught would reveal a lot about the writer.

Well, that is not quite the case today. They are no longer teaching (or requiring practice of cursive) in schools today. Therefore, there is no such "copybook" model. In fact, there is no real copybook for printing, either. Teachers are handing out copy one-sheets for each alphabet letter in preschool and kindergarten. By the time the child is in the first grade, they are made to learn how to put c a t together to make a word.

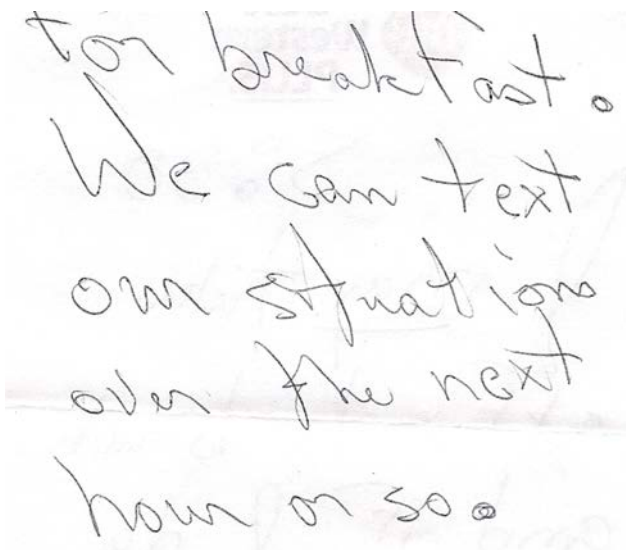
It's a fact that most children and adults under the age of 35 print instead of write today.

So, what can we say about the back-slanted printer?

Well, the left-slant is never taught. It is not demonstrated in any "print" in books, magazines, etc. So the left-slant is all personal choice by the writer.

Left-slant indicates a "skepticism" in the writer. They need to know where they stand before they enact.

Therefore it would be safe to say that the left-slanted printer needs clear and direct communications. Don't be subtle or pleasant, they need definitive directions in what you expect from them. Subtlety is not appreciated. Get to the point, and get there fast. Left-slanters are not know for their patience. They are doer's.



ton breakfast.
We can text
our situations
over the next
hour or so.

Just as with the cursive left-slanters, they can be just as emotional or bright. The biggest difference between a right-slant and a left-slant is that the left-slant is much more guarded, and self protective. Something had happened that made them say they will never let that happen again, so they choose to be guarded, to be different. Their left-slant shows that they can overcome. Tell them they cannot do something...and they will make it a goal to prove you wrong.

Remembering Doc Grayson

Tributes to Dave:

From Trish Towey:

Dave has been a dear friend for years. Dave told me this story years ago.

He was a teacher in grade school before he became a Principal. He was familiar with Handwriting Analysis and talked of an experience with 2 of his students.

Dave asked a question. Right away one student raised his hand. As Dave was walking down the aisle of the classroom, he stopped at another student's desk and mentioned to Jimmy, "I will be asking you this question soon".

Dave knew the first student to raise his hand was a quick and analytical thinker. Jimmy was a cumulative thinker; he would not raise his hand unless he absolutely knew the answer was right. Jimmy needed time to think.

The student with quick thinking answered the question right. When Dave asked Jimmy the question, he also got the answer right because Jimmy was able to process the answer while the first student answered his question.

What a gift that Dave had knowledge of Handwriting Analysis so that he could help his students. He helped them and everyone to develop confidence in unique ways. He did that long after he left teaching kids, he did that with all of us.

On May 8, 2021 we all lost one of our most beloved members and respected graphologists, Dave Grayson.

Doc was a wonderful person that was always seeking to know everything about what interested him. His story may surprise you as I never knew all the things he had done and the goals he achieved. This is what he had told me:

"Late in high school I decided I really wanted to teach. Back in those days, you could teach with a 2-year degree. I got my teaching job and I went back to finish my degree in night school. It actually took 10 years for me to get my four-year degree. My brother sent me a congratulatory telegram that said "that was quick."

He said "my family kept me on my toes." I think that's where his wit and humor originated, but he used these to make others feel at ease, to get his points across, and to help facilitate learning lessons all throughout life.

"My first teaching job was teaching 1st grade. I was under constant scrutiny because I was a male teacher in a female dominant position, and I was unmarried, too. Typically, there were no male teachers until the 5th grade. I took the opportunity at the job of teaching, but First Grade was all that was open when I interviewed. I took that job, and learned it was really challenging, but well worth it.

"I loved it, for 6 years. Then I graduated to the next grade and taught 2nd grade for 7 more years. Teaching at the university was easy by comparison to teaching early elementary.

"Becoming assistant principle at the elementary school was one of those things I fell into. There was an opening, and I said Yes. Of course, the assistant principals all taught back then. But, I took classes to get my degree in administration to work my way into the Principal position." He



Remembering Doc Grayson

achieved that goal, but quickly said “that was worst job ever.” He much preferred teaching. He was only Principal for three grueling years and left.

He started teaching Apple computers and became the IT Guy at the Junior College. Then found a full time “gig” teaching teachers how to become teachers at the college.

Dave said “I always wanted to do magic, and did it as a hobby. One summer, a friend of the family was a clown and we went around the country doing shows during the summer, when I was not teaching. So, I got to take my show on the road. I got really good at magic, and ventriloquism, too. And I learned how to talk to large groups of people without being afraid. I think this helped me to become a better teacher. I would do magic shows at the end of the school year for the whole school.

“I enjoyed radio and wanted to be a radio announcer. I did some training for that at the college in Chicago, then discovered that if you wanted air time, you needed people to take notice. So, I continued my education until I became an engineer. I got my engineering degree because every radio station needed a first-class radio engineer for each shift. That was my foot in the door. I didn’t have to get my start at some little station in Tinyville, Wisconsin. I was able to do it right here in the big city of Chicago.

“Then, with my license in Radio Broadcasting, they asked me to go on-air nights and weekends. I was on Chicago radio for 18 years. I’d still be there, but Disney sold the radio station to turn it into a Spanish-speaking broadcasting company for Chicago.” Dave had a 1st Class FCC broadcast license. He served as staff announcer for WTAQ in LaGrange, Illinois for 18 years.

I have several degrees. I got my teaching degree after spending nearly 10 years in night school. Then I worked to get my masters in Administration to become Principal, Then my Doctorate in Education to become superintendent. I got my degree in Engineering and Radio Broadcasting as we mentioned. And, then I got a Degree in Counseling.

“And, that’s how I got interested in Handwriting Analysis. The first several weeks of Counseling training we spent learning how to do interviews to learn all about your client, whether are they lying, and what is the real problem here. Well, ten years earlier, I had had my handwriting analyzed and was shocked at

Tributes to Dave:

From Linda Erpelding:

Dave Grayson was an expert handwriting analyst and teacher as we all know. He wrote numerous insightful books and articles, lectured and taught classes, and worked tirelessly as an officer for IGAS and AAHA.

What may be less known is that he did not just teach handwriting but lived it. Dave regularly wrote colleagues hand-written letters, thank you notes, or just brief messages to keep in touch.

At Christmases, he mailed his unique stand-up cards which could be displayed. My reply card to Dave always included a book of postage stamps in appreciation.

My mother, Marge Erpelding, died in 2019. After her passing, I saved a small collection of hand-written notes she kept on her dining room table, including some from Dave. My mother always told me that they were displayed on the table because “they made her happy.”

Thank you, Dave. You will be missed.

BEGINNER'S CORNER

Written by Cindy G. Cheaves

Helping members that are new to the study of graphology is an important goal of AAHA. In that effort, we are reinstating THE BEGINNER'S CORNER that was created in the early years of the Dialogue. Join us each quarter for topics geared for the beginner and as a refresher for all.

BASIC TERMS AND CONCEPTS RELATED TO PERSONALITY

As with the study of any subject, laying the foundation of an understanding of basic terms and concepts is important.

Since handwriting analysis identifies personality traits and human character through handwriting, it is important to have a solid understanding of common terms and concepts related to personality.



[This Photo](#) by Unknown
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How many of the following terms can match with its definition?

Match each definition with one of the terms from the choices below.

(See page 17 for answers.)

- | | | |
|---|-------|-------------------------|
| 1. Set of strongly held convictions. | _____ | A. Subconscious mind |
| 2. Can be expressed verbally or by nonverbal communication. | _____ | B. Neural pathways |
| 3. Plays a critical role in how we deal with stress and danger in our environment | _____ | C. Psychophysical |
| 4. Study of the system of symbols which communicates language in written form | _____ | D. Personality |
| 5. Process of changing handwriting to positively affect personality | _____ | E. Psychology |
| 6. Communicate information from one area to another area of the nervous system | _____ | F. Fight or Flight |
| 7. Individual's distinctive patterns of thinking, feeling, and behaving. | _____ | G. Graphology |
| 8. Science of mind and behavior | _____ | H. Grapho-therapy |
| 9. Scientific approach to the measurement of mental processes. | _____ | I. Belief system |
| 10. Part of the mind that controls the autonomic nervous system. | _____ | J. Emotional expression |

Remembering Doc Grayson

Tributes to Dave

From Jane + Mari

For as long as I have known Dave through AAHA and AHAF, I have never known him to be anything but kind and generous. I received many email cards from Dave on holidays or any other uplifting occasion he decided to send a thoughtful or funny greeting, even through the many months he was receiving hospice in the nursing home he resided. I miss seeing him at our meetings where he contributed until the end.-
Jane O'Brien

It's difficult to realize that I'll never see Dave's smiley, kind face again in Zoom. We met every Sunday for over a year. He had a huge positive impact on me that helped me through the challenging certification studies. He never got tired of answering my questions related to handwriting analysis, and he was always so proud of me. I had a friendship that was kind, but suspiciously distant. When Dave saw the friend's handwriting, he admitted that a writer like that can be difficult to approach.

"But if you want to have a trustworthy friend, there you have it."

I truly miss him.
- Mari Miquel Koivula

how much the analyst knew about me in just minutes of looking at my handwriting. Here in the classroom, we were learning to assess this information over the course of several hours through the guided use of interviews. So, I went to the phone book to find the International Grapho-Analysis Society which was based right here in Chicago. I checked them out and signed up right then and there. The rest, they say, is history.

"Handwriting analysis is really overlooked and is not accepted in United States. In India, however, they believe they can magically see things about the writer; and that changing your handwriting can change your destiny. But none of that is true nor practical. Handwriting analysis is a really a science, a real science.



West Suburban Chicago Study Group - AAHA, Jan 2013

Seated L-R: Elaine Macheck, Dave "Doc" Grayson, and Marie Griffin

Standing L-R: Trish Towey, Kevin Hanson, Debra Lobin, Kathy Jochum, and Marge Erpelding.

"It really helped me in teaching youngsters, like when I was assistant principle and was teaching junior high, it helped me to see the abilities in kids and adults. Looking at their potential was a great way to help encourage them."

Dave was terribly dyslexic, "I'd have to read something several times just to make sure I read it correctly. I've had dyslexia all my life, of course we didn't have a name for it when I was growing up. I even flunked kindergarten because I did not have good eye-hand coordination. It's true, my claim to fame started in kindergarten."

When asked about his being an author, Dave replied: "I've done four books so far, and soon I'll finish coloring my fifth book." All the books

Welcome New Members

by Eileen Page, Membership Chair

I am pleased to announce that our organization continues to grow! We have had 3 more new members join this quarter.

I sent an updated list out to everyone the first part of June, so you can welcome our new members and perhaps check to see if they live near you.

Please remember to attend our many online opportunities posted on our website www.aahnadwriting.org so as to meet some of our members in person. (Virtually that is!)

Join me in welcoming to AAHA:

- Luiz Anzola
- Brenda Waters
- Maureen Reidenbach

Membership renewal notices will be sent out Sept 1st so keep an eye out for them. Please *do not* send your dues in before you receive the notice. Thank you.

Don't hesitate to contact me if you have any membership questions or suggestions.

If you still need to set up your password, contact valweil@comcast.net and she will be glad to help you. If you have forgotten your password, you can reset it yourself right there on our website.

Hope you enjoy the rest of your summer!



Tributes to Dave From Eileen Page



My memories of Doc go way back to the 80's when I attend IGAS Conferences held in Chicago. He was respected for his professionalism and his knowledge and his willingness to share that knowledge. He was also appreciated for his sense of humor, and his compassionate and humble demeanor. Never once did I hear a critical word from him about anyone. I enjoyed my time spent with him over the years and will continue to look at him as a role model.

Remembering Doc Grayson

Tributes to Dave Dr. Ellen Bowers

I've known Dave Grayson especially since I moved back to Indiana in December of 2005. Our paths crossed through membership in AAHA -- Those early meetings and through publications monthly, quarterly, yearly provided opportunities.

And then Dave asked me to do a presentation of my "Personal Pronoun" Study. His invitation included, "I think my group needs to hear about your work." Other appearances followed.

Dave afforded a special kind of support for handwriting analysis, graphology, that is, -- looking beyond.

Dave embraced ever broader fields -- always looking for the potential and growth accompanied by skill building. Dave was indeed Special. He was a Leader.

I've written were on Handwriting Analysis, one included coaching, and this new one on GraphoTherapy. (His books can be found on Amazon and eBay.) Dave's book: "Better Understanding Your Child Through Handwriting" still appears on the BiG (British Institute of Graphologists) recommended reading list under the category of Human Development.

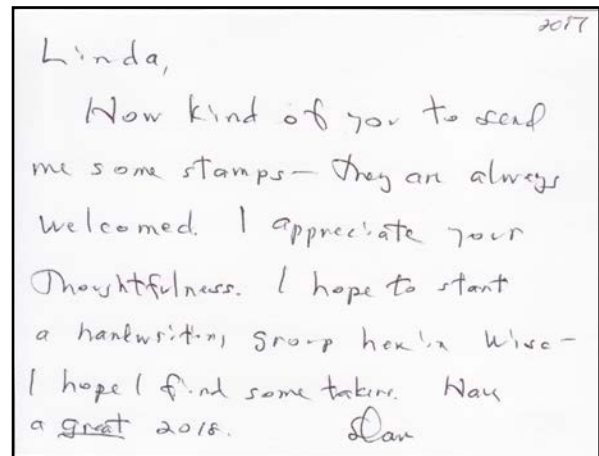
Dave was famous for sending e-greetings, never missing a holiday to include his friends in something that would surely bring a smile to their faces. He hated his own handwriting, but wrote many thank you notes while in the hospital or hospice to any that called, wrote, gifted or simply remembered him.

Dave was a member of IGAS and took over the IGAS Chicago society, which eventually became is study group. He also belonged to the Suburban Illinois Handwriting Study Group for years. He had been a member of AAHA and AHAF for decades, and served as AAHA's Vice President. He taught, and even helped to write part of the certification exam, for Bart Bagget's Handwriting University. He remained a counselor to help graphology students right up to the very end.

Dave said in April of 2019 they told him he only had 3-5 months to live. He jolted, his whole life shifted until accepting the end was near.

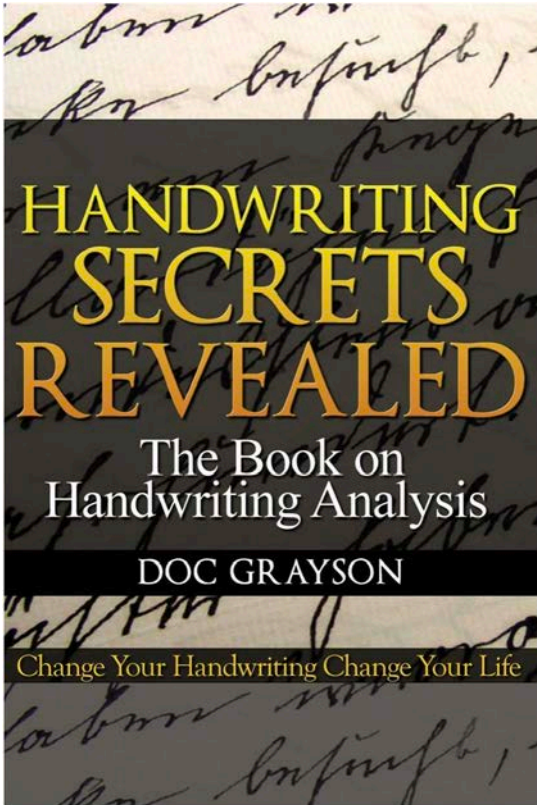
He said he eventually was ready for it. He said he made peace with it. He waited. He said good-bye to family and friends. He waited, and helped other graphologists learn their craft and hone their abilities. He waited, and then he wrote another book. He waited, and took a course in the Psychogram. He said he was tired of waiting, but just kept plugging away. He fooled them all by living another 25 months after that diagnosis. Not just existing, but by really living. He joined all our meetings, he participated in our discussions online, he kept busy with friends, family, colleagues, working with students and more.

But he said he had no regrets. He wanted to be a teacher, and he was. He wanted to learn to do magic, and he did. He wanted to be a broadcaster, and he succeeded. He wanted to learn handwriting analysis



Sample of Dave Grayson's handwriting. Notice he always signed it simply "Dav"

Remembering Doc Grayson



to help others, and he had.

In loving memory of Dave "Doc" Grayson, educator, entertainer, humorist, author, and friend.

-Val Weil

-Valerie Weil

Tributes to Dave

From Angela Burrage

I became a Dave Grayson fan in 1996.

Dave was our guest speaker at the IGAS conference that year. I was enjoying his ease with the audience and his gift of humor and use of magic that he so masterfully wove into his presentations.

We took a break and was given a moment to refresh ourselves. I went outside and to my amazement Dave Grayson came up to me and introduced himself.

Dave Grayson was the first person I engaged with in Graphoanalysis. Dave is the face and embodiment of Handwriting Analysis to me. Dave suggested we exchange addresses and this begin a 25-year friendship marked by our mutual love of snail mail, handwriting and handwriting analysis.

I was able to re-engage with Dave last year during the Zoom AAHA 2020 Conference. Words cannot come close to describing how I felt when I spotted Dave after 24 years. It was most joyous.

Dave and I begin zooming in late 2020 and we built The Handwriting Lady.com shortly before his passing. His wisdom and knowledge proved to be of great benefit and he was able to see his ideals become a reality in his last days.

You gave more than you took Dave and in doing so, you left a great impact on the lives of those you met.

My life was forever changed due to the influence of Dave Grayson.

Tributes to Dave:

From Cindy Cheaves

AAHA lost a great friend and supporter with the passing of Dave. He was always willing to step in and take on various positions and duties to keep the ball rolling for AAHA.

From VP to coordinator of monthly study groups, Dave was always there.

I appreciated the encouraging notes he sent to me along the way and the e-greeting cards he sent for the holidays. A fine gentleman with a kind and generous soul he will always be in our hearts and minds.

God Bless David Grayson.

Bridging Symbolism and Spirituality in Handwriting Analysis: The Shifting of Consciousness in the 21st Century

by Jo Coppola, MA, GHA, CG, LPC

This is a new age, and as people seek a more holistic approach towards personal growth and well-being, there is an emphasis on an awakening of the human spirit, exploring self-growth, feeling alive, and uncovering the soul.

As we come to understand spirituality with more curiosity, we can detect its presence in the handwriting of humanity as a more important form of helping us all to express ourselves. Handwriting is writing from the heart, expression of will and emotions. We have never needed to rely on this activity more than we do now.

The pandemic of 2020 brought on a host of opportunities for self-discovery. We were told to go inside, to stay safe, to protect ourselves. One of the by-products of a global pandemic is fear, and one of the best ways of fine tuning how we will stay in our wellness is to re-examine our thoughts, our ability to take better care of ourselves and each other. It has been an opportunity to be more spiritually connected.

Handwriting; through journaling, letter writing, prayer, or telling our story, has become an investment in ourselves, our inner longings, and our inner prayers to understand ourselves more innately. How we are all connected to each other seems to be an experience we are having this year.

Journaling is a way to enter into dialogue with our soul. It has become more accepted as a means to work through our thoughts, and has been a good mental health tool of this new age, as I feel it is. Our spirituality is showing up in our writing. The invitation to be more in love with “self” is the antidote of handling stress, staying out of fear thinking, and being in touch with our

innate sense of purpose, vitality and will. This speaks of the spiritual self.

Ania Teillard’s book, “The Soul and Handwriting” has been influential in how I approach my craft and passion as a Handwriting Analyst. Teillard worked with Carl Jung in her career as both Graphologist and Psychologist, and studied under Ludwig Klages and Max Pulver. She, along with other psychologists of the time, realized how important the soul was for healing and manifesting self that was relevant in her work as a Graphologist. The importance of depth psychology in her practice influenced her to view handwriting analysis as a whole

On May 26th there is a total lunar eclipse. 5:15 happening on my sun/mars conjunction. means some very big changes are ahead for this year. Changes in how I move in the world - my goals and activities. After that, weeks later there is a solar eclipse on my ascendant at 19° Gemini. This means emotional issues related to siblings and local community. many changes happening! I'm not sure what all means, but it's certainly exciting!

Annie
5.22.

Sample 1:

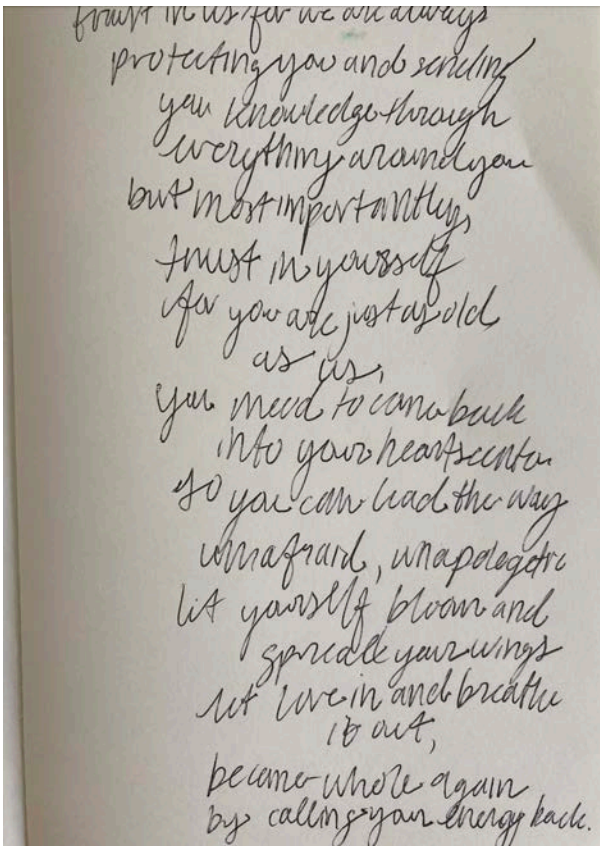
Annie is an Astrologist/Communication Coach. Annie has wonderful rhythm that highlights her exuberance about her spiritual path and service to mankind. Her writing has movement in all directions of her sample; intuitive breaks in words, no lead in strokes, and rising lines channel her energy and freedom to be in her innate passion to help people grow, and offer the guidance she is so noted for in her years of work and service to mankind. She is ambitious and optimistic, her writing is harmonious as her personality responds to how passionate she is about her life continued life and soul purpose.

Continued on page 14

Bridging Symbolism and Spirituality in Handwriting Analysis

system of body and mind.

Teillard's soul is described as the "mysterious core of the person, the warm, dynamic center of the psyche, the dwelling place of the fundamental sensibilities of the living being; his feelings, his memories, his



Sample 2: Lina. Art Student and Poet.

Lina's handwriting shows her independent nature and gift of utilizing the depth of emotions she is able to bring into written words. Lina specializes in spiritual artwork, focusing on the ability to assist others in self-healing. Her long ending strokes that rise implies Lina looks for guidance in her spiritual practice. She has a rhythm that speaks of insight and intuition. Her creativity is highlighted in her speed of writing; where she accesses more of her inner life between mind and soul. Lina's margins are an indication that she chooses to focus more on her creative process and visualizations than live in the past.

wishes and desires, even his thought processes." With this in mind, there is an invitation to enable the soul and the handwriting to communicate, to release what is part of the inner longing to come to be known and communicated.

The soul is the dance of life, the subtle reminder of life work. The soul knows its' purpose, lessons that need to be learned, and desired healing. The soul desires to be whole. The soul is our total personality and it is a presence in handwriting. The need to be more in touch with ourselves is the ability to become more reliant on our innate system I call our smart brain. We access our own innate self by the act of writing. We become more intimate with our self-interest which becomes a part of our integral, genuine self.

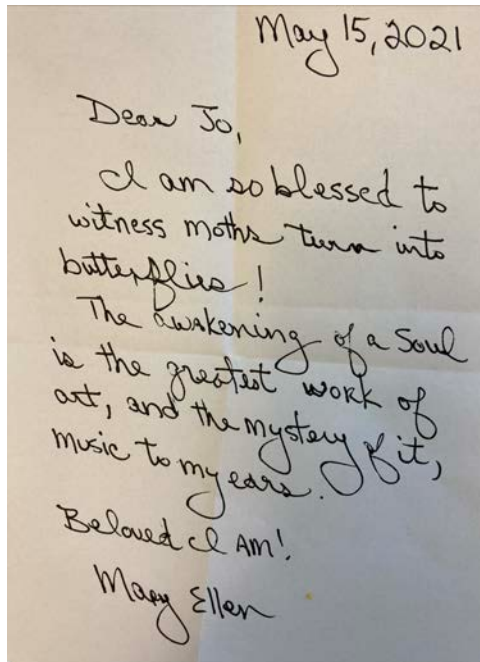
Max Pulver (1890-1953) developed the theory of symbolism and the "symbolism of handwriting": "the man who writes unconsciously draws its inner nature. The conscious writing is an unconscious drawing, sign and portrait of oneself." The symbolism of space on the paper, the zones, forms, the creative act of writing, the imagery it creates, are all part of what is composed of two elements: "movements of conscious origin and the movements of unconscious origin."

Writing that is rhythmic speaks of a natural movement of the soul.

Ludwig Klages (1872-1956) defined rhythm as a "succession of movements that are harmonious and are repeated without ever entirely resembling each other. It is the natural movement of the sea, of the fall of the leaves. It is the very expression of life." Rhythmic writing is the most important element in Klages's Form Level. He felt that regularity of writing could be measured, but

Continued on Page 15

Bridging Symbolism and Spirituality in Handwriting Analysis



Sample 3: Mary Ellen. Spiritual Advisor.

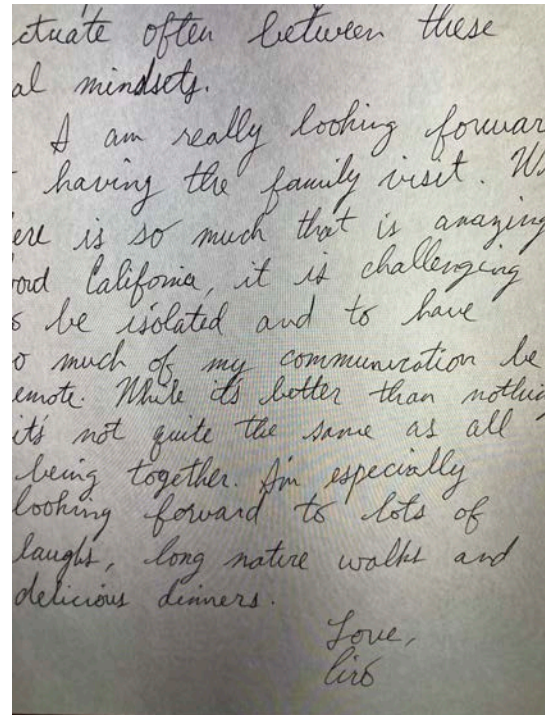
Mary Ellen's large writing portrays how much she loves humanity. Her zest for life is to share her joy of being here in this lifetime to be a participant in sharing her time and energy to all she encounters. Her writing expresses her inner life of positive thinking and optimism, shown in rhythm patterns, direction of downstrokes

one could only feel the rhythm of writing, or the soul of the writer.

In handwriting, we can add ascending lines to rhythmic writing and a narrow right margin; it shows a passionate, optimistic and a self-aware person who is living life without the burden of fear. The Handwriting Analyst can see the markings of the soul with all its' symbolic forms that expresses the inner life of the personality. It is always present!

Bridging symbolism with spirituality brings change to ordinary writing and journaling. It gives us a space to wonder instead of worry. It provides a safety arena

to speak from one's heart inside of one's soul. It gives hope for the person who is wanting to stay away from over-thinking. We are sitting with a lot of stress and anxiety this remarkable time of our world,



Sample 4: Ciro. Software Engineer and Chef. My son.

Ciro has been a spiritual seeker since the day he came into this lifetime. He is a natural thinker, always interested in ideas and has been very reflective of the duality of his personality in his life, which has helped him to be more aware of both sides of himself which has had a great impact on relationships with others.

Ciro also exhibits a high level of rhythm in his writing sample, curious about learning to a point where he will challenge himself even through difficulties. He utilizes the page of paper purposefully, Ciro has vital energy, emotions and willpower, shown in the regularity of writing and angular connections, high t flying t bars, sharp-pointed hooks, and has a good sense of himself without taking himself personally, which is reflective of his ability to be more preoccupied with his dreams and less with illusions.

Continued on page 16

Bridging Symbolism and Spirituality in Handwriting Analysis

and allowing the natural inclination for the mind to have a place to share thoughts, to visualize change, and to build self-awareness, is a key to our new consciousness of hope.

We our shifting into a new world, and as Handwriting Analysts, we have the ability to encourage people to be more self-aware; adding positivity, shining light to their essence. We are privileged to help make a difference. We are teachers, guides, and we can invoke change on a personal level.

As I continue on my own path as a counselor, handwriting analyst, and teacher, I am consciously doing soul work. It has become a linking of my soul with the souls of others, where I share knowledge, set invitations for self-love, and guide people to choose to do self-work through journaling. This is an act of my love for humanity. I am sure as most of us are, when we bring positive change into someone’s life, we are reminding them of the soul they came here to be. This is a mystical part of being a Handwriting Analyst that

feels more like soul work, and soul purpose. I strongly suspect this is what we have in common!

Footnotes:

(1) Teillard, A. The Soul of Handwriting (E. O’Neill, Trans.) London: Scriptor Books, 1993.) (original work published 1948). 11.

(2) Mazza, M. “Graphology: An Interface Between Biology, Psychology, and Neuroscience”. Journal of Psychological Disorders and Research 3 (January 7, 2021).

(3) Ibid, 164.

(4) Ibid, 264.

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Author, Jo Coppola is a Licensed Professional Counselor and Certified Graphologist. She lives in South Philadelphia and works as a College Counselor at Moore College of Art in Design in Philadelphia. Jo has been studying graphology for over 35 years, teaching workshops and inviting people to uncover who they really are. Jo is passionate about journaling, and has had a long career of sharing journaling information to elicit self-awareness. “My joy is to assist people to care for their souls, which never ends, and often begins with Handwriting Analysis.”

Understanding Graphotherapy

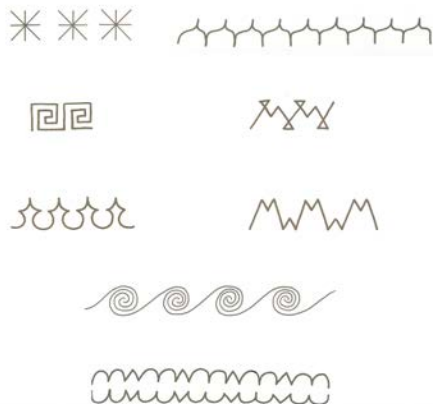
This is talk about what Graphotherapy can and cannot do!

Graphotherapy is the use of select handwriting exercises to achieve a particular goal.

It sounds simple, but there is much more to it than simply that. For example, pictured are some “Wake-Up” exercises. These are designed to challenge the brain to get moving and motivated. The complexity of the designs are not ones you can follow in your sleep, so they have been designed to help you get ready for the thinking and physical challenges of the day.

Children with ADD and ADHD have proven that graphotherapy exercises, along with select musical (rhythmical) accompaniments, can help calm the brain to allow normal

Morning Exercises to Wake Up



Understanding Graphotherapy

thought processes to occur. This can allow for control over compulsory physical movements. All this can be achieved without medication, but the practice and graphotherapy exercises are monitored and adjusted for each student accordingly.

Graphotherapy can help other adults to consciously make changes in their lives. The principle concept is doing select exercises to help the writer recognize the control in themselves to make that change. Like a mantra, they are repetitively doing exercises with their hand and their brain to visualize the desired end results.

However, in the wrong hands, Graphotherapy can be misused

Charlie Cole once said “Perhaps one of the greatest sins among graphologists is that they read one or two books on graphotherapy and feel they are an expert. They are ready to give some exercises to someone to change a personality trait. However, their efforts may be more upsetting to the client than to be helpful. Hence it is very necessary to monitor the client and determine what is their progress, making necessary changes as the therapy progresses.”

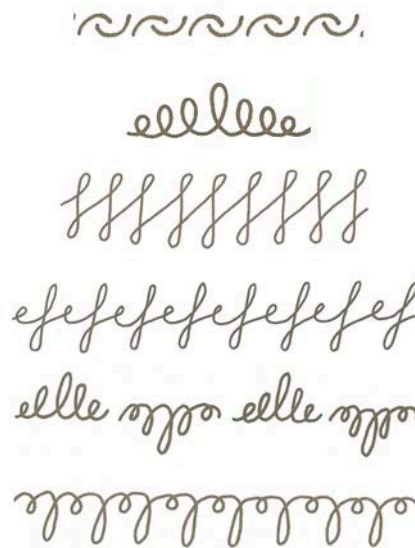
Graphotherapy really does require much more than just reading a few books on the subject. It requires the psychological understanding for the desire for change. Without the writer wanting the desired outcome, nothing will change.

For example, currently in India, there is a big market for Graphotherapists to make high school teenagers want to become doctors, engineers, and scientists. Parents are enrolling their children in such programs to make them want to learn to become professionals and to succeed. Does this

work? Not for the reasons they graphologists expect.

Most of the students may practice their graphotherapy session, because that is what their parents expect them to do. They may eventually become doctors, scientists, and engineers because they have respect for the family and see this a

Evening Exercises for Relaxation



encouragement for them to do well.

But the graphotherapy cannot make an engineer out of someone that does not like mathematics, it cannot make someone want to study medicine if they do not like biology. And, it cannot make someone want to do rigorous testing, accepting failure after failure to prove something in the name of science. These are facts that cannot be changed by graphotherapy.

Graphotherapy is a “tool.” A kinetic exercise combined with a conscious desire and an expected outcome. It should not be abused nor misused.

- Val Weil

Summer Workshops

Continued from page 1

personality traits and having the ability to weigh their significance in someone’s personality and then stack these traits together. It is important to learn that one trait can modify or shade the meaning of another. The writing as a whole picture is more important than any tiny detail.

We have two excellent speakers to help take us to the next level of learning.

Dr. Marc Seifer will present:

“The Psychogram – A Brilliant Typology”

The Psychogram was conceived by Klara Roman. In this workshop we take a look at an overview of the Psychogram, its use in science by being able to convert a graphic pattern to a numerical code and also discuss many of the 40 indicators and explain why they are where they are on the chart. The Psychogram is a very structured way to analyze a handwriting and opens the door for those new to graphology to begin to use it. This is a fascinating workshop with lots of examples to help you reach the next level of learning in understanding and performing a handwriting analysis.

And, Marcel Elfers will present:

“Distortions in Handwriting” In this engaging workshop we take a look at distortions in handwriting in the three zones, slant, margins, and other areas by examining many sample writings. Behavioral profiling through written communication builds reasonable expectations regarding future choices. Most people stay within acceptable social standards while others overstep them with relative ease. Can we recognize the subtleties of anti-social behavior? Can we predict who will overstep boundaries? Handwriting is a behavior and reveals personality traits without fail.

For more details about our speakers, or to register, please find the details on our website at:

<https://aabahandwriting.org/registration>



AAHA Book Exchange

New Column: “AAHA Book Exchange” is nothing more than a listing of books you wish to send to someone who can appreciate them. Here’s how it works:

- 1) Send us a list of books you wish to give away or exchange for cost plus shipping; or books you are looking for (Title and Author.)
- 2) We publish this in the quarterly AAHA Newsletter Dialogue
- 3) Interested buyers will contact you directly to make the arrangements for shipping info and reimbursement terms.

For example:

WANTED: Looking for **Pat Peterson’s “Fast Facts”** two-volume set. If you have it, I would love to talk to you. Email: valweil@comcast.net

Answers to Quiz on page 12:

- | | |
|------|-------|
| 1. I | 6. B |
| 2. J | 7. D |
| 3. F | 8. E |
| 4. G | 9. C |
| 5. H | 10. A |

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