



In the Margin



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Beyond the Bridge of Symbolism

Exploring the Spiritual Side of Handwriting Analysis

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This is a new age, and as people seek a more holistic approach towards personal growth and well-being, there is emphasis on an awakening of the human spirit, exploring self-growth, feeling alive, uncovering the soul.

The soul is the dance of life, the subtle reminder of life work, the realizations of lessons left to learn, healing, and wholeness. Most importantly, the soul is our total personality. As

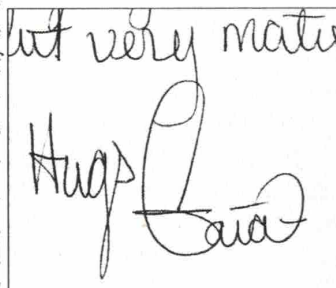
handwriting is a manifestation of the self, the soul is present in handwriting. The graphologist sees the "markings of the soul" on paper. The handwriting sample is complete with symbolic forms that express the inner life of the personality. The graphologist uses his/her intuition which serves as a unique skill that uncovers the psyche of the writer based on the images the writer creates. In this context, graphology is very much an intuitive sci-

ence. As the paper represents the world the writer is positioned in, the symbolic writing represents all those behaviors representative of the total personality. The writer's essence of spirit is captured as frozen emotions and soul space. The energy of soul and the

dynamics of unconscious are a unique living picture of the total personality.

Just as dreams are able to transmit unconscious reactions to the conscious mind, handwriting

expresses spontaneous expressions of the mind's activity. C. G. Jung has been my inspirational teacher throughout my career. Jung was a founder of the mappings of soul psychology. He felt that the observer/healer/teacher has to be able to see things from all angles. As a dream analyst, he understood that dreams are a window to the unconscious and are classically de-



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scribed as roads to the unconscious. Dreams are a lot like handwriting in terms of symbolism and the soul. They create a knowledge of self that may seem less rational but places more intrigue on the soul aspect of personality. The graphologist is much like the dream analyst who has the task of uncovering each shape of the handwriting sample to interpret the meanings behind the symbols.

Teillard (1948/1993), in her classic work *The Soul and Handwriting*, describes how graphology and the soul are connected. Delamain (in Teillard) reveals the soul as "the mysterious core of the person, the warm, dynamic centre of the psyche, the dwelling place of the fundamental sensibilities of the living being: his feelings, his memories...his wishes and desires, even his thought processes" (p. 11). As Teillard delves into the psychology of the personality, Delamain describes her work as "constantly holding open doors that enable the soul and the handwriting to communicate" (p. 14).

My years of teaching various handwriting analysis topics have helped me to further master my skills as a therapist, making me a more grounded graphologist. I am considered a trained listener, able to give feedback when it is appropriate. In teaching handwriting analysis, I have the opportunity to give my participants

some background of the science that explores soul. This is a different approach to self-discovery than many are used to. Many of the people I have worked with come into the classroom with a sense of anticipation over what they may hear about themselves. They have no idea that their soul is on the discussion panel. Soul psychology studies the creative process. It describes the effects of the invisible patterns of self-awareness that a person strives to understand, learn, or heal from. Handwriting reflects this awareness and it intrigues people. As a tool for self-discovery based on observation and analogy, people are interested in a definitive way they can visualize their unique form of brainwriting.

As I continue on my path as teacher, counselor, and graphologist, I am conscious of my desire to continue to do soul work. It is not a question of the venue or the population of people I work with. It has become for me the linking of my soul with the souls of others, reaching out, connecting, sharing knowledge, truths. We are all together. We are all learning. We are all divine.

References

Teillard, A. (1993). *The soul and handwriting*. (E. O'Neill, Trans.). London: Scriptor. (Original work published 1948)

My life my love I give
to the true son of God
who set me free.
Bob Howard

Figure 1. Same writer as on next page. See box at top of page 5 for information on writer.

Beyond The Bridge of Symbolism Handwriting Sample

Handwriting Sample 1: This is the writing of an 83 year old male. His thoughts are constant. Notice the persistence t bars that move lightly into the upper zone. His writing is filled with a craving for continued spiritual learning and growth. His signature shows that his energy is directed towards thinking and past memories. He is a spiritual man who has time in his life to reflect on the path he has chosen in his life.

There is a time to write a
letter something I never do.

But today I make an exception
to this. So that you can
see something of me in my
writing. I wrote my wife
some letters at one time
but that was long ago and
far away. My spelling is
not good ~~and~~ and so
I do not often write.



More samples of handwriting on the next 2 pages.

Beyond the Bridge of Symbolism Handwriting Samples

Handwriting Sample 2: The signatures in this sample are notable. She chooses the bottom signature because this is the one that justifies her spiritual path as a healer. She has been using the top signature in other capacities of her life that does not involve her work. Her top signature is filled with energy that divides the conflicts that she is experiencing in healing work and life outside of that. She is new to the healing world; trying to find a life career that will not disappoint her as she has had many diversions in her 40 years. She is ready to move ahead and make positive changes.



hello my name is Gail Goldstein
I love food, people, life and Omega.
I have a daughter who is 20 year
in her last semester in college.
I love her so very much she's
very special I know her mother
would say that.

I want to meet a nice loving
man that can cook me a fab
meal vegetarian me. a chef
yes that's what I want tall
and very loving younger than
me of course, but very mature
and loving.

Hugs
Gail

Dear Joel,

05/06/06

Thank you so much for making yourself available to God and to me for handwriting analyses. I wonder if I spelled that word right ^{to} ~~the~~ Anyway this sample does not come without some self-consciousness some just about all the people I have written to have made a comment about how hard it is to read my cursive writing. Then, the reason why I write half straight, half cursive I do, actually enjoy writing and have gained interesting understanding from writing to God in my journal which I have done since 1977.

Sincerely,
 Sheila J. [Signature]

Handwriting Sample 3:

This 50 year old woman has been on a spiritual journey for many years. She describes herself as "always searching for God through people." The writing has many persistent t-bar formations. Her writing is intuitive, and is connected to causes that strengthen her ties with people. Her strong upper zone and right trend movement reflects her will to continue exploring affirmations of the spiritual life she finds great comfort in.